




# September Menu 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> EB: Cereal Variety and Milk MS: Pancakes and Milk L: Italian Meatballs, Buns, Peas, Fruit, and Milk AS: Goldfishes and Milk  VEG: Veggie Meat Balls	<b>2</b> EB: Cereal Variety and Milk MS: Muffin and Milk L: Turkey & Cheese Sandwich, Chips, Applesauce, and Milk AS: Graham Crackers and Milk  VEG: Three Cheese Sandwich
<b>5</b> <b>HCA is closed</b> 	<b>6</b> EB: Cereal Variety and Milk MS: Oatmeal and Milk L: Chicken Nuggets, Green Beans, Fruit, and Milk AS: Nacho Chips & Salsa  VEG: Veggie Nuggets	<b>7</b> EB: Cereal Variety and Milk MS: Bagels and Cream Cheese L: Cheeseburgers, Carrots, Fruit, and Milk AS: Apples Slices and Cheese  VEG: Grilled Cheese	<b>8</b> EB: Cereal Variety & Milk MS: Waffles and Milk L: Steak and Rice, Corn, Fruit, and Milk AS: Cheese & Crackers  VEG: Cheesy Rice	<b>9</b> EB: Cereal Variety and Milk MS: Yogurt and Granola L: Pizza, Salad, Fruit, and Milk AS: Animal Crackers and Milk  VEG: Same as Above
<b>12</b> EB: Cereal Variety and Milk MS: Pancakes and Milk L: Beefy Tater Tot Casserole, Peas, Fruit, and Milk AS: Carrots & Crackers  VEG: Tater Tot without Meat	<b>13</b> EB: Cereal Variety and Milk MS: Oatmeal and Milk L: Fish Sticks, Green Beans, Fruit, and Milk AS: Graham Crackers and Milk  VEG: Mozzarella Sticks	<b>14</b> EB: Cereal Variety and Milk MS: Biscuit and Cheese L: Noodles with White Sauce, Corn, Fruit, and Milk AS: Apples and Crackers  VEG: Same as above	<b>15</b> EB: Cereal Variety and Milk MS: Pancakes and Milk L: Chicken Sandwich, Carrots, Fruit, and Milk AS: Trail Mix with Dried Fruit  VEG: Same as above	<b>16</b> EB: Cereal Variety & Milk MS: Yogurt and Granola L: Spaghetti with Tomato Sauce, Tossed Salad, Fruit, and Milk AS: Bananas and Animal Crackers  VEG: Same as Above
<b>19</b> EB: Cereal Variety and Milk MS: Bagels and Cream Cheese L: Cheesy Chicken Rice, Green Beans, Fruit, and Milk AS: Pretzels and Ranch  VEG: Cheesy Rice	<b>20</b> EB: Cereal Variety and Milk MS: Oatmeal and Milk L: Hot Dog, Peas, and Milk AS: Cheese Sticks and Crackers  VEG: Same as above	<b>21</b> EB: Cereal Variety and Milk MS: Whole Wheat Toast and Jelly L: Cheese Ravioli, Corn, Fruit, and Milk AS: Goldfishes and Milk  VEG: Same as Above	<b>22</b> EB: Cereal Variety and Milk MS: Breakfast Burritos L: Turkey and Cheese Sandwich, Carrots, Applesauce & Milk AS: Apples and Crackers  VEG: Cheese Sandwich	<b>23</b> EB: Cereal Variety & Milk MS: Waffles and Milk L: Pizza, Salad, Fruit, and Milk AS: Graham Crackers and Milk  VEG: Same as above
<b>26</b> EB: Cereal Variety and Milk MS: Granola and Yogurt L: Beef Stroganoff, Peas, Fruit, and Milk AS: Veggie Straws & Homemade Ranch  VEG: Same as above	<b>27</b> EB: Cereal Variety and Milk MS: Pancakes and Milk L: Italian Meatballs, Buns, Green Beans, Fruit, and Milk AS: Bananas and Cheese  VEG: Tacos with Black Beans	<b>28</b> EB: Cereal Variety and Milk MS: Muffin and Milk L: Turkey & Cheese Sandwich, Chips, Applesauce, and Milk AS: Graham Crackers and Milk  VEG: Three Cheese Sandwich	<b>29</b> EB: Cereal Variety and Milk MS: Cheese Biscuits L: Mac and Cheese, Corn, and Fruit AS: Vanilla Pudding and Pretzels  VEG: Same as Above	<b>30</b> EB: Cereal Variety and Milk MS: Oatmeal and Milk L: Chicken Nuggets, Green Beans, Fruit, and Milk AS: Nacho Chips and Salsa  VEG: Veggie Nuggets